



## Acupuncture Restores Hearing of a Teacher After Noise Damage Causes Tinnitus and Deafness

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The National Institutes of Health define tinnitus as a “ringing, roaring, clicking, or hissing sound in the ears.” As many as 25 million Americans have experienced this condition at one time or another. For many people, it is a permanent problem that makes it hard for them to hear and may be upsetting, frustrating or even depressing.

So when a solution comes along that doesn’t involve drugs or surgery, that is extremely good news!

A visit to a conventional doctor might turn up a blood pressure or kidney problem that contributes to this condition, but for most people, the causes are not known. Therefore, the solutions that would be offered are not in the direction of resolving the cause. The likely solutions in a conventional medical setting could include medications, hearing aids or “just learning to live with it.”

Recently, a kindergarten teacher – someone working in a very noisy environment indeed! – found relief from tinnitus through Acupuncture and was able to avoid medication or the frustration of just having to tolerate the condition.

Her problem started when one of her students shouted right into one of her ears, resulting in sudden deafness. A medical doctor told her the damage could not be repaired. She went back to work but had trouble performing her duties and even slept badly at night. Fortunately, she visited an Acupuncture clinic to find out what help might be available there.

The acupuncturist used an Acu-Graph ® computerized Acupuncture evaluation to determine what damage had been done by the noisy work environment or the sudden noise from the shouting student. The patient then received 8 treatments over a 12 week period, each one starting with a new Acu-Graph analysis.

After just three treatments, the teacher could hear again, but still suffered from tinnitus, which manifested as a ringing sound in her ear. Using low level laser therapy, a homeopathic cell salt to better regulate kidney/blood functions and Acupuncture treatments, the ringing improved through the eighth visit when only a slight sound was heard first thing in the morning.

By the twelfth visit, the teacher’s hearing was fully back to normal! What’s even better is that a follow-up at 18 months showed that her hearing remained normal after treatment was completed.

Source: National Institute on Deafness and Other Communication Disorders, The Noise in Your Ears: Facts About Tinnitus, February 2002, <http://www.nidcd.nih.gov/health/hearing/noiseinear.asp>

Source: AcuGraphing Blog, A Case Report From a Successful Treatment of Tinnitus, April 16, 2010, [http://blog.miridiatech.com/?utm\\_source=MailingList&utm\\_medium=email&utm\\_campaign=Case+Study+-+Tinnitus](http://blog.miridiatech.com/?utm_source=MailingList&utm_medium=email&utm_campaign=Case+Study+-+Tinnitus)