



STUDY FINDS ACUPUNCTURE AN EFFECTIVE TREATMENT FOR CHRONIC DYSPEPSIA

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One of the most common complaints among Americans is dyspepsia, medically defined as a painful, difficult, or “disturbed” digestion, but most often experienced as a burning or painful sensation in the stomach and, in the case of acid reflux, the esophagus.

Among sufferers of what is called Chronic Idiopathic Dyspepsia (CID), however, it can be a lot worse than simple heartburn. (“Idiopathic,” by the way, means no known cause.) Symptoms of CID can extend to painful bloating, acute abdominal discomfort, even nausea and vomiting, and because it is chronic — happening frequently for weeks, months or years — it is serious enough to warrant medical intervention.

SOURCE: American Academy of Acupuncture Journal Vol. 14, #2,
http://www.medicalacupuncture.org/aama_marf/journal/vol14_2/article2.html