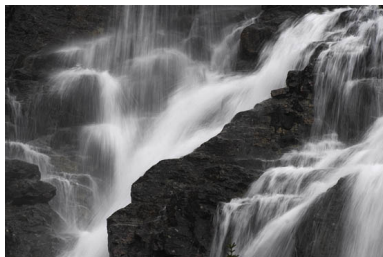


## Who will benefit from IonCleanse footbaths?



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Most people experience an increased sense of well being and more energy. Many children have reported greater mental clarity as a result of the footbath; young couples planning families should do foot bath sessions prior to conception. Women seeking to maintain healthy breasts throughout their life will benefit from whole body purification. Middle aged men and women have reported increased energy and greater mental clarity after completing our Ultimate Purification Program.

### Frequency of Sessions

As a general rule, the maximum session frequency for all clients is once every third day for approximately 6-8 sessions. Then once per month as maintenance treatments.

Remember- the IonCleanse detoxifies the body more effectively and faster than any herbal or fasting protocols, with little or no stress to the patient. Used properly, the IonCleanse provides a comfortable and relaxing way to rid the body of toxins without precipitating healing crises and Hersheimer's reactions.

## Why Detoxify the Body?

*In today's toxic environment, tissue acid wastes, chemical & heavy metal residues build-up in the body faster than ever before, resulting in a greater incidence of allergies, mental, and physical incapacitation. We have begun to hear more about herbal and homeopathic detoxification programs by alternative health practitioners as a way of reducing symptomology and maintaining health. Pimples, rashes, dark circles under the eyes, swollen joints, yellow, green and blocked complexions often indicate a build up of tissue acid wastes inside the body. Dietary modification and herbal detoxification supported by Ion Cleanse sessions have been shown to substantially reduce & even eliminate these conditions.*



## Acupuncture Care Holistic Centre

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## Acupuncture Care Holistic Centre



*"The Greatest Wealth is Health"*

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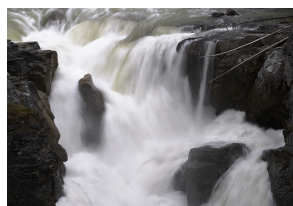
## Ion Cleanse

SAFE & EASY COMPLETE BODY  
DETOXIFICATION

Making a difference in YOUR Health

# Ionization Theory

A water Molecule is composed of two hydrogen atoms and one oxygen atom. When the molecule loses a hydrogen atom, the remaining OH molecule takes

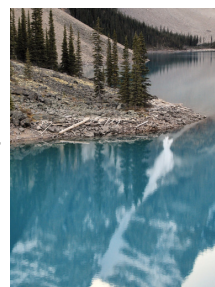


on a negative charge. As you walk along the beach, your body absorbs millions of these

negatively charged ions, which alkalize the blood and tissue. Because of poor diet and high stress, we tend to accumulate and store excessive quantities of waste products, such as diacetic, lactic pyruvic, uric, carbonic acetic, butyric and hepatic acids. According to Dr. Theodore Baroody, author of Alkalize or Die, acid wastes attacks joints, tissues, muscles, organs and glands causing minor to major dysfunction. He asserts that avoiding disease and maintaining vitality, as we age, requires the maintenance of an alkaline environment throughout the body—which is virtually impossible to accomplish in our high-tec, high-stress, toxic society, unless we can walk on the beach everyday.

The Ion Cleanse creates precisely the same environment as the walk along the beach, only more powerfully because your feet are in direct contact with the

water. Place your feet in the water, turn on the unit and within seconds, millions of ions enter your body and begin to neutralize these tissue acid wastes. The particles, fat & mucous residues found in the water after bathing reflect the wastes that have left the body. Your body will feel lighter after the first session. You will think more clearly, have more energy and enjoy a greater sense of well-being.



## How the Ion Cleanse Works

An ion is a charged atom that has gained or lost an electron, which creates a magnetic field capable of attaching to and neutralizing oppositely charged particles. These neutralized particles are extracted from the body through the process called osmosis. Osmosis is a scientific term that is used to describe the movement of particles through a membrane from an area of lower concentration to an area of higher concentration. In this case, the high concentration refers to the ion field that is set up by placing the array into the water while running the unit. The array is placed into the water alongside the hands, feet, or body while the power supply delivers a low level direct current to the array. This causes the metals within the array in combination with water and salt to generate positively and negatively charged ions by separating oxygen

and hydrogen in the water

## Colours and Objects in the Water

Many colours and objects appear in the water during IonCleanse sessions. The following list represents what we believe the colours in the water represent

**Yellow-green:** Detoxifying from the kidney, bladder, urinary tract, female/prostate area.

**Orange:** Detoxifying from joints

**Brown:** Detoxifying from liver, tobacco, cellular debris

**Black:** Detoxifying from liver

**Dark green:** Detoxifying from gallbladder

**White Foam:** Lymphatic system

**White cheese-like particles:** Most likely yeast particles

**Black Flecks:** Heavy Metals

**Red Flecks:** Blood Clot material

